



A Way In

P.O. Box 63912 • Philadelphia PA 19147 • awayin.org

Prayers for the Thanksgiving Table

As we pause for Thanksgiving,

Let us pray for the return of all the hostages,

And let us pray for abiding and lasting peace.

Let us pray to be filled with courageous compassion and guided by radical empathy.

We send love to all who are suffering, all who are mourning

And all who are struggling in the depths of despair.

Let us raise our glasses to each other and

To possibilities for healing and transformation not yet seen or imagined.

For the sake of my brothers, my sisters, my siblings, my friends,

I seek peace for all

Psalm 122:8

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To trees, plants, fields and rocks,

To water, sun, wind and rain

To animals of the forests, mountains, deserts, seas and sky

We honor you and we give thanks.

Let us live with an awareness of the interconnection of all life.

Let us treat all creation with reverence and care.

The land gives of its abundance and blessings go forth Psalm 67:7

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As we gather this Thanksgiving,

Let us acknowledge that for many of us,

Gratitude may not be easy to find.

Let us be aware of the sadness and pain in our own hearts

And in the heart of the world.

May there be moments of comfort

And experiences of kindness and generosity that nourish us with love.

May the Source of All help carry our burdens

May the Infinite Presence embrace and sustain us Psalm 55:23

As we give thanks for the abundance that fills the world

Let us acknowledge that around our tables

And in our families and communities

There are many different opinions and perspectives

And this can at times feel excruciating to bear.

Let us pause and take a breath together,

Let us be with each other in sadness and heartbreak

And recognize each other's pain and fear.

May we have the strength to seek common ground,

And the courage to build bridges across our differences.

*May the words of our mouths, the love of our hearts
And the work of our hands be aligned for goodness and blessing*

Psalm 19:15

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We give thanks for the gifts of earth.

We give thanks for the gifts of each other.

To those who came before us, we give thanks.

To those who will come after us, we raise our cups.

Let us live fully with compassion and care.

Let us share our gifts with generosity and joy.

We will build this world with love

Psalm 89:3

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May we eat and be nourished.

May we savor the fullness and be satisfied with the gifts of each moment.

May our hearts open in gratitude.

Deuteronomy 8:10



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